

The Teenage Brain (Secondary)



Who is the training for?

For teachers who are teaching any level of key stage in secondary education and want to understand how the development and plasticity of the teenage brain impacts on learning, memory and behaviour, including mental health. Those who want to develop skills for classroom practice and behaviour management that help inform teaching and learning based on the brain structure and cognitive learning.

Outcomes

Attendees will enhance their awareness of functional and structural development of the brain and its impact on learning for teenagers. They will examine a range of theories and strategies, considering how these can be applied to the best effect in the classroom and for behaviour management. This course gives an opportunity to understand the impacts of the brain development and cognitive functioning on students learning, behaviour and how use of strategies and awareness can make a positive impact on student progress and well-being.

The following will be explored during the session:

- Structure of the brain and stages of plasticity development- from early years to adulthood
- Teenage brain Working memory and learning including Cognitive load theory
- 'Teen brain' structure linking to behaviour theories and mental health impacts
- Adapting teaching and responses to 'work' with the teenage brain

Who are the trainers?

The course is delivered by Nicole Mills, who has an MA in Education and is currently acting Head of Psychology and Health and Social Care at The Billericay School, where this course has formed a successful part in the school's CPD and 6th form programme. As an experienced classroom practitioner of all key stages and a specialist in Psychology, Nicole has designed the course with an emphasis on effective classroom practices and communication with secondary students based on a biological and cognitive approach of the brain's development at this stage.

How will my school benefit?

Delegates will have the opportunity to explore a variety of theories and research relating to the development of the teenage brain and cognitive load theory. They will also discuss a range of strategies to develop effective classroom practice and behaviour management based on this knowledge. Delegates should leave with improved knowledge and understanding of the brain and how this links to students learning and progress, and in turn, use this to inform their own teaching practices.

How will my students benefit?

Students will in turn benefit from the focus on cognitive load theory in teaching practices enabling them to be able to access and recall content and not be 'overloaded' in lessons. It will help students enhance practical revision skills for improved exam performance.

Becoming a member of Billericay TSA

For further information on the benefits of being a member please visit <http://www.billericayteachingschoolalliance.com/tsa-membership/>

Logistics and Booking

Please complete your online booking by selecting the 'BOOK' link next to the date wish to attend from the grid below and using the 'BOOK' link.

If the 'BOOK' link is not visible, please let us know you are interested in the next available date by selecting the 'ENQUIRE' button below.

Logistics

Course Dates:

Venue:

Times: -

Price: or for TSA Members